MI Road Map: MI is an interpersonal style rather than a set of techniques applied to people, so not usually appropriate to use a scripted intervention, but providers could follow this type of sample road map:

- **Build rapport**
  - Introduce self and ask the parents/caregivers’ name and perhaps some other personal information.
  - Provide unconditional acceptance and positive regard for the parents/caregivers.

- **Ask permission to explore HPV vaccine for their child**

- **Inquire what the parent/caregiver already knows about the HPV vaccine**
  - Elicit-Provide-Elicit
  - Reflective listening (throughout)
  - Summarize

- **Explore motivation, confidence and readiness to get child vaccinated**

- **Explore ambivalence**

- **Elicit change talk and enhance motivation**
  - Evocative questions, elaboration, decisional balance, look ahead, query extremes, goals and values concerning child’s health.

- **Where does all of this leave you now? What’s next?**

- **Support commitment and enlist support**
  - Discuss and elaborate ideas and plans for getting vaccinated: What is your plan? What might get in the way? Where does this leave you now?

- **Ask about motivation and confidence once more**

**THROUGHOUT AS NEEDED:**
- Roll with resistance: Reflective listening, reframe, emphasize personal choice and refocus
- Support self-efficacy
- OARS, affirmations