

Pregnant or have a baby? Get vaccines and treatments for COVID-19, flu, and RSV this fall.

What should I know about flu?

- Healthy children and adults can still get severe influenza.
- It is safe to get the flu vaccine while pregnant.
- Getting an annual flu vaccine is the best way to reduce your risk of getting sick from the flu.
- Children under 9 may need two doses.
- Starting this year, the CDC recommends that it is safe for people with egg allergy to get any flu vaccine as long as it is otherwise appropriate for their age and health status.

What should I know about COVID-19?

- Vaccination remains the best protection against COVID-19-related hospitalization and death.
- It is safe to get the COVID-19 vaccine while pregnant.
- Most health insurance plans will cover COVID-19 vaccine at no cost to you.
- The CDC Bridge Program will provide the COVID-19 vaccine at no cost to people who do not have insurance or who's insurance does not cover the vaccine.
- The Vaccines for Children program provides no cost vaccines to children who cannot pay for them. This program covers all childhood vaccines including COVID-19.
- If your child is under 5 years old talk with your doctor about how many doses of the updated COVID-19 vaccine they recommend.

What should I know about RSV?

- There are two options to keep infants younger than 8 months protected from RSV:
 - Beyfortus (nirsevimab) - A monoclonal antibody treatment for RSV that provides an infusion of antibodies given to infants 8 months or younger and gives temporary protection against RSV.
 - Abrysvo - An RSV vaccine given to pregnant people between 32 and 36 weeks of pregnancy to provide protection to their infant when they are born.
- Children ages 8 to 19 months at high risk can get Beyfortus (nirsevimab) in their second RSV season.
- Palivixumab is another monoclonal antibody treatment that has been in use since 1998. It is for children under 24 months who are at high risk for RSV.



*Because you
and your child
deserve the
BEST
protection!*



Visit [Vaccines.gov](https://www.vaccines.gov) to find COVID and flu vaccines near you!

Talk to your healthcare provider about which vaccines you and your child need to stay healthy this fall and winter!



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