## Measles: <br> The UK perspective



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## $\square()^{1020}$ Organization <br> THANKS TO VACCINES MEASLES DEATHS <br> FELL DRAMATICALLY <br> 2021-128 000 deaths 351 deaths per day 14 deaths an hour <br> \#VACCINESWORK

- 2000-2021 an estimated 56 million deaths prevented making measles vaccine one of the best buys in public health.


## Outline of talk

- Background - vaccination in UK
- Measles in UK - epidemiology, vaccine policy and uptake
- Current measles outbreaks UK and Europe
- UK response


## UK immunisation programme

- Joint Committee on Vaccination and Immunisation (https://www.gov.uk/government/groups/joint-committee-on-vaccination-andimmunisation)
- Independent expert committee make recommendations to Ministers of Health re immunisation programme
- Vaccination must reach cost - effectiveness threshold
- UK population have a right to recommended vaccines
- Recommended vaccines free on National Health Service
- Vaccines not mandated
- Since 2013 commissioned by NHS England
- Most pre-school vaccines given in primary care by practice nurses
- Vaccines for school aged either in school or primary care


## Annual measles notifications \& vaccine coverage England and Wales 1950-2010



Sources: The Information Centre and Health Protection Agency

## Measles, mumps and rubella vaccines in UK

- 1968 live attenuated measles vaccine introduced at 12-18 months
- 1970 live rubella vaccine for pre-pubertal girls and nonimmune women


## MMR

- $1^{\text {st }}$ dose at 12-13 months introduced in 1988
- Aim - eliminate measles, mumps, rubella
- Protection from one dose of MMR
$>$ Rubella-98\%; Measles-95\%; Mumps 85\%

- $2^{\text {nd }}$ dose before school entry introduced in 1996 (or shorter interval)

UK Routine Child \& Adolescent Immunisation Schedule - 2024

| Age | Vaccine |
| :--- | :--- |
| 8 weeks | DTaP/IPV/Hib/hepB \& MenB \& rotavirus |
| 12 weeks | DTaP/IPV/Hib/hepB \& PCV \& rotavirus |
| 16 weeks | Hib/Men C \& PCV \& MenB \& MMR |
| $12-13$ months | Influenza vaccine |
| $2-15$ years | MMR DTaP/IPV |
| 3 yrs 4 months $\&$ boys from Sept 2019) |  |
| $12-13$ yrs | Men ACWY |
| 14 yrs | Td/IPV |
| 14 yrs |  |

## MMR vaccine in UK

- Live attenuated vaccine
- Two products available:
- MMR VaxPro contains porcine gelatin


| UK Health |
| :--- |
| Security |



## Vaccines and porcine gelatine

- MMR does not contain thiomersal
- Egg allergy not a contraindication

This leaflet describes how and why porcine gelatine is used in vaccines


টিকা ও পোর্াইন জিলেটিন

## Annual measles notifications \& vaccine coverage England and Wales 1950-2010



## MMR annual vaccine coverage, England 1997/1998 to 2021/2022



Source: Childhood Vaccination Coverage Statistics 2020 to 2021 Annual National Official Statistics, NHS Digital, UKHSA.

## UK media coverage - 2001/2



## MMR annual vaccine coverage, England 1997/1998 to 2021/2022



Source: Childhood Vaccination Coverage Statistics 2020 to 2021 Annual National Official Statistics, NHS Digital, UKHSA.

Childhood vaccination coverage 2022-23 by Local Authority England

- MMR $1^{\text {st }}$ dose at 24 months of age
-LA range $97.3-68.1 \%$
-Highest South Tyneside
- Lowest Hackney \& City of London
- London 82.4\%
- MMR $1^{\text {st }}$ and $2^{\text {nd }}$ dose at 5 years
- England 84.5\%
-LA range: 94.4\%-56.3\%
-London 74.0\%


9/149 areas met 95\% target


Impact of pregnancy vaccine uptake and socio-demographic determinants on subsequent childhood Measles, Mumps and Rubella vaccine uptake: A UK birth cohort study

H Skirrow $^{\text {a, }{ }^{*}}$, K Foley $^{\text {a }}$, H Bedford ${ }^{\mathrm{b}}$, C Lewis ${ }^{\mathrm{b}, \mathrm{c}}$, E Whittaker ${ }^{\text {d,e }}$, C Costelloe ${ }^{\mathrm{f}, \mathrm{a}}$, S Saxena ${ }^{\text {a }}$

- UK Clinical Practice Research Datalink (almost 1000 GPs contribute data - nationally representative)
- Birth cohort 795,497 children born between 01/01/2000 - 31/12/2020
- Uptake of $1^{\text {st }}$ MMR $89.4 \%$ by age 2 years and 92.6 \% by age 5 years
- Second dose MMR uptake $85.9 \%$ among those children ( $70 \%$ ) still in the cohort at age 3 years 4 months


## MMR vaccine uptake lower among:

- children in most deprived areas (14\% less likely cf least deprived areas)
- children of Black or Black British ethnicity (reduced after adjusting for deprivation and maternal age)
- younger mothers (20 years or younger) (reduced after adjusting for deprivation)
- first born children

How serious do you think it could be if your baby or young child caught the following disease?


Source: Basis Research, Childhood immunisation. Q8. How serious do you think it could be if your baby or young child caught the following disease?
Base: All parents with a child aged 2 months to less than 3 years 4 months ( $n=1001$ )
*Figures under 4\% not shown
https://www.gov.uk/government/publications/childhood-vaccines-parental-attitudes-survey-2023/childhood-vaccines-parental-attitudes-survey-2023-findings

## Childhood Vaccination Coverage Statistics - Regional Time Series

| Vaccination Selected | Earliest Year | Latest Year | Years Shown |
| :--- | :--- | :--- | :--- | :--- |
| Multiple Vaccinations Selected | $2009-10$ | $2022-23$ | 14 |

## Region <br> London



70

60



- MMR1 at 24 m MMR2 at 5 y


## Measles - confirmed cases and deaths England \& Wales 1996-2024



## Measles elimination - UK

- 2016 - UK achieved elimination status for rubella in 2016
- 2016 - UK achieved measles elimination status
- 2018 - UK lost elimination status due to re-established endemic transmission of measles due to outbreak linked to a measles resurgence across Europe.
- 2021 - UK regained measles elimination status based on a significant decline in measles circulation globally due to the COVID-19 pandemic
- 2022 - status pending


## Potential for measles outbreaks - 2023

- In UK target of $95 \%$ uptake with two doses MMR never been met
- Years of sub optimal uptake
- 'Wakefield cohort'
- Current uptake lowest for a decade

Kat Lay. Healh Editor

- Risk of widespread transmission of measles - UK epidemic low
- However - unvaccinated teenager and young adult cohorts are at risk

London at 'real risk' of measles outbreak with tens of thousands of cases
Poor vaccination rates have left children vulnerable to the infection


- Current level of coverage measles outbreak of $40,000-160,000$ cases could occur in London unless vaccine coverage improves


# England is battling its biggest measles outbreak in 10 years amid spiralling cases in the West Midlands 

- Latest data revealed a 118 people have contracted the virus in the last week
- It takes the total cases to $\mathbf{4 6 5}$ - higher than the last major outbreak in 2013

By KATE PICKLES HEALTH EDITOR FOR THE DAILY MAIL
PUBLISHED: 16:52, 8 February 2024 | UPDATED: 18:57, 8 February 2024


Now measles
cases at highest
level in 10 vears

coming forward to take up the offer of the MMR vaccine for their children, of the MMR vaccine for their childre of children who remain unprotected and therefore remain at risk of serious complications or lifelong disability but measles is completely prevent ble with vaccination.
"Istrongly urge parents to take up make sure their child is protected" There have been an additional 56 cases in the past week, according to the UKHSA data, bringing the total number since October last year to 521

Laboratory confirmed cases of measles by month of onset of rash or symptoms reported, London and England: 1 March 2012 to 18 March 2024

https://www.gov.uk/government/publications/measles-epidemiology-2023/national-measles-standard-incident-measles-epidemiology-from-october-2023

Laboratory confirmed cases of measles by week of onset of rash or symptoms reported, London, West Midlands and England: 1 October 2023 to 18 March 2024

https://www.gov.uk/government/publications/measles-epidemiology-2023/national-measles-standard-incident-measles-epidemiology-from-october-2023

Confirmed measles cases by age (total =789) England 1/10/2023-18/03/2024

https://www.gov.uk/government/news/latest-measles-statistics-published?utm_medium=email\&utm_campaign=govuk-notifications-topic\&utm_source=5a60d94b-4bb3-4091-92d8-39ad49e06112\&utm_content=daily

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## Parents of baby with measles in vaccination plea

## THE UK Edition $\checkmark$



## Health > News Heaith

HORROR ORDEAL Mum's warning to all parents after her 'fit and healthy' daughter, 10, died a DECADE after 'mild bout of measles' Plus, all your questions on the MMR vaccine answered

[^0]The parents of a four-month-old baby who caught measles are urging people to get their children vaccinated after cases doubled in three weeks in the West Midlands.

Ezra spent six days in hospital earlier this month after what started as a cold
turned out to be measles.

## Action in response to measles threat

Staged process of seeking out and contacting all those not had appropriate doses of MMR

- 1 November 2023-12 months rising 6 years
- 5 February $2024-6$ years rising to 11 years
- 5 February $2024-11$ years rising to 16 years*
- 19 February $2024-16$ years to rising 26 years*
*London and parts of West Midlands only
All finished by end of March 2024...........


## National measles guidelines

February 2024


## Think measles <br> 

## Cases are rising...

People who have not been vaccinated with 2 doses of MMR vaccine can get measles.
"Think measles" when treating children, young people and anyone from an under-served community.

## Symptoms to look out for:

- Aching and feeling unwell High fever
Rash - sometimes starting behind the ears*
Sore red eyes
- Cough

Runny nose


Measles is a serious illness that is highly infectious. If you suspect measles:

- ensure the patient is in an area where they cannot pass the infection to other vulnerable people such as infants. the immunocompromised and pregnant women. the immunoco mmediately

Remember, the best way of preventing measles is vaccination.
Use every opportunity to check immunisation history and offer MMR to those who haven't had two doses.

For more information go to:
https://cks.nice.org.uk/topics/measles/

## *RCPCH 

encrichtamz
mi Colsoge of Pacedistics and Child Hesth (BCPCHI sa arevistert) charity in England and Wale (rosm44) and in Scotand (Scoze2e2)


MMR pop-up vaccine clinics available in the Black Country 23 January 2024

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## Measles campaign features children pleading for jabs in England

Due an increase in measles cases across the West Midlands, more pop-up vaccination clinics have been set up in the Black Country to help ensure people are up to date with their measles, mumps and rubella (MMR) jab.

Children aged five and over and any adults who are yet to receive both doses of the MMR vaccine are invited to come forward.

Measles is a highly infectious disease which can lead to serious complications such as severe lung infections and inflammation of the brain. It also damages and suppresses the whole immune system, meaning children can be left much more susceptible to catching other illnesses.

## Measles cases are Measies cases increasing locally

Mave you and your chlldren had the MMR vacelne?

supporting you our social value your feedback get involved

New community film spotlights the need for measles vaccination in
our area

A new film about the measles, mumps and rubella (MMR) vaccine launches in Bristol today, a collaboration between the Bristol Somali community and community health partners. The timely video launches as local health leaders are urging people to check if they have had their MMR vaccine following a national rise in measles cases.
The short film, titled 'Lets talk about MMR' is aimed at people aged 17 to 30 of Somali heritage. It features young people from the Somali community, including Dr Asha Mohamed from University Hospitals Bristo \& Weston (UHBW), discussing the symptoms and possible side effects of catching measles, mumps and rubella. It also explains how two doses of the MMR vaccine provides very high protection against these serious illnesses.



## Measles globally

- Increase in cases and outbreaks globally in 2023 cf 2020-2022
- Yemen, India, Ethiopia
- WHO European Region - over 58,000 cases reported by 41 of 53 countries
- 21,000 hospitalisations; 10 deaths
"Health systems in the WHO European Region have some catching up to do to rapidly reach the 1.2 million children who missed their measles vaccine between 2020 and 2022 while continuing with routine immunization," noted Dr Hans Henri P. Kluge, WHO Regional Director for Europe.

UK Routine Child \& Adolescent Immunisation Schedule - changes 2025

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| 8 weeks | DTaP/IPV/Hib/hepB \& MenB \& rotavirus |
| 12 months | DTaP/IPV/Hib/hepB \& PCV \& rotavirus |
| 16 weeks | DTaP/IPV/Hib/hepB \& MenB |
| $12-13$ months |  |
| 18 months | DTaP/IPV/Hib/hepB \& MMRV |
| $2-15$ years | Influenza vaccine |
| 3 yrs 4 months | HPV (\& boys from Sept 2019) |
| $12-13$ yrs | Men ACWY |
| 14 yrs | Td/IPV |
| 14 yrs |  |

ANY QUESTIONS

member of the genus Morbillivirus in the family Paramyxoviridae.

$R_{0}$ 12-18: one person with measles can infect up to 12-18 susceptible people


## Symptoms of measles

Highly contagious disease spread when an infected person breathes, coughs or sneezes



Photo: Susannah George


Note: Measles can lead to serious and potentially life-threatening complications in some people, including infections of the lungs and brain.

## Complications are common



Otitis media
7-9\% (1 in 12)


Pneumonia
$1-6 \%$ ( 1 in 16)


Fits (seizures)
1 in 200


Inflammation of the brain (encephalitis) 1-4 per 1000-2000


Idiopathic
thrombocytopenic purpura (ITP) 1 in 3,000


Sub acute sclerosing panencephalitis (SSPE)

1 in 25,000
higher if measles <2 years
1 in 8000


1-3 per 1000
(in high income countries)


[^0]:    31 January 2024

